

## PlayShop Descriptions & Leader Bios TN MOUNTAIN UNTENSIVE Sept 16-17-18, 2005

### “Invoking the Spirit of the Mountains”

Masankho will be leading a 2 hour morning session for each of the three days. He brings incredible wisdom, depth, humor and grace to leading the group in connecting with our ancestors, telling stories, singing, drumming and dance.

**Masankho Banda of Malawi, Oakland** is a Multi - Disciplinary International Performing Artist, InterPlay Leader, Educator, Spiritual Healer and PeaceBuilder. Recipient of the “Heroes of Compassion” Award by His Holiness the Dalai Lama for his peace & justice work around the world.

### Just say Yes and Don't Do It!

What if I'm not "doing" my life? What if "my" actions are instead: life flowing thru me? Since playing with these ideas from the Work of Byron Katie, Meg's pleasure quotient in life has quadrupled, and she wants to share these ideas with you! Discover the life-long liberation of InterPlaying with voice, story and movement as though it isn't you doing it.

**Meg MacLeod, Asheville** In 1998, Meg brought InterPlay to Asheville, NC, where she leads and produces classes and workshops in InterPlay and the Work of Byron Katie, and performs with IP IP Array, Asheville's InterPlay performance group. She is a certified InterPlay instructor and energy healer, and is a lover of Arnold Mindell's Process Psychology, Continuum Movement, tap dance, Byron Katie's Inquiry, Alba Emoting and TaKeTiNa rhythm education.

### This is your LUCKY Day!

Telling stories, and playing with the art and science of synchronicity, while lying in the grass on our bellies looking for four leaf clovers! Explore the possibilities of following your intuition into good fortune!

**Diane Saliba Ault, Nashville** is a long-time community organizer, activist and artist who is passionate about building community across lines of race, class and culture. She is beginning her third year teaching the InterPlay Leadership Program. Her group hosted the first International InterPlay Conference in the summer of 2004 and she loves the idea of playing outside for this retreat!

### PICASSO and ME, HAVING TEA!

A playful jaunt into warming up, exforming, painting, meeting Picasso, and noticing--- all at once!! We'll dabble with artplay and connect with within the realm of the visual.

**Mary Kuder, Santa Fe, NM** is an extremely accomplished visual and performance artist who has studied at The Instituto Allende in Mexico, San Francisco Art Institute, San Francisco, CA., as well as teaching and training at Laguna Beach School of Art. Her work has been shown in individual and collective exhibitions all across the country.

### FIRE DANCES!! Hot Sexy Sweaty Steamy Stompin' Circle Dances From Around the World

From the jigs and reels of Scotland and Ireland to the gypsy women's dances of Eastern Europe, from the panpipes of Peru to the djembe drums of West Africa, every culture has their unique music and dance to express celebration, passion, joy, and sensuality. This workshop will feature a kaleidoscope of lively, jumpin', jammin', earthy circle dances from around the globe. All dances will be taught and no dance experience or partner are necessary.

**Kevin “Heartfire” Meyer, Knoxville** first experienced – and fell in love with - Sacred Circle Dance while living in England in 1988. He initiated and continues to facilitate two regular dance circles in East TN and has taught sacred and meditation dance workshops in France, Greece, Canada, South Africa, and the US. When he's not dancing he likes to play the fiddle and dabble in physics.

### PLAY WITH NATURE, RAIN OR SHINE

If you have a little wildness in you that longs to connect with nature, come play with me outdoors. How about a contact dance with a tree? Toning with the wind? Babbling with a brook? We'll create a sacred space (it all is anyway, of course) and honor the earth, fire, water, and air that support us.

**Stacy Miller, Raleigh-**“Stay-See” is a dynamic, wise and spirited leader from Raleigh, who is part of Off the Deep End, and a seasoned and seasoning leader gifted in the creating space for others to open to the world of play. inside and out!

### STORIES THAT MOVE!

How do words dance with our movements in our stories? Using forms of "babbling" stories with movement we allow the words to arise poetically. Using movement forms, DT3, 3 sentence stories and stillness we will gather our tools for big body stories. There will be time to offer big body stories for the group.

**Terry McCarthy, Raleigh, NC** is a Performer with Off the Deep End Ensemble (IP Performance group), InterPlay teacher/mentor, former director of Inner Voices vocal group, facilitator of creativity workshops for 8+ yrs

### AFRICAN INSPIRED DANCE!

#### Marquetta Dupree, Nashville

Adora's beautiful daughter of this year's TN leadership program will lead us in DANCE, DANCE, DANCE!!

## **The WATERMELON SACRIFICE: Engaging the archaic mind through invented ritual**

Jean invites you to join her in reviving and revising rituals and ceremonies that were so much a part of the coastal region of Mississippi and southern Louisiana where she grew up. We will dance, make noise or music, tell stories, and experience stillness before the altar of a sacred Watermelon. When ritual is made personal and relevant, psychic anxieties of our new realities are quelled. Come to the Watermelon Sacrifice to experience Interplay as the glue that binds this invented and idiosyncratic ritual to the sustainability of the universal. Share the invention of rituals for loss, birthing, aging, puberty, a cluttered house, menopause, or healing relationships.

**Jean Martinolich, Loretto, TN,** *Her interest in ceremonial practice is reflected in use of museum spaces to lead writing groups for people on probation or in recovery from psychiatric labels as well as in storytelling with elderly folk in quilting circles and senior centers.*

## **FLOWETRY**

Spoken Soul - Returning to the source. We will play with words of the soul. Working from the tradition of Spoken Soul we will work with Flowetry ~ Poetry in Motion. We will use babbling, movement and sound for soulful play. Come and experience some good soul food!!!

**Montanez A. Wade, Nashville,** *is a professional problem-solver, toastmaster, poet, and electrical engineer, is a builder of learning communities for underrepresented populations in science, mathematics engineering, and technology at Tennessee State University. Her passion is helping people find their purpose. Montanez is an engaging speaker who speaks from her soul.*

## **DEEP STILLNESS**

"The beauty of raw sound in one single voice; one natural instrument. Experiences of the human voice travelling into soulful and divine places." describes Trisha Watts' CD "Invokation" . In this workshop, we will use several of Trisha's vocalizations as the inspiration for movement, chanting, journaling and noticing. Diving deeper and encountering some of those soulful and divine places.

**Coletta Eichenberger, Missouri,** *is an ordained minister, massage therapist, teacher, dancer and ritual maker who offers her life experiences and insights to help others on their path to growth and wholeness. Coletta offers her special focus on mind-body-heart-spirit integration and knowing that bodies hold the keys to living more joyful, grace-filled lives. She has been engaged for many years in creating InterPlay community in central MO.*

## **MUSIC FOR THE MOMENT! – Musical Improvisation Theory & Technique**

Join a group of great musicians, get some music theory, discover some new sounds to "play" with. Learn a set of chords that always "work" without dissonance. Bring your instruments and play along in a "jam" session experimenting with a range of musical styles. The workshop will help participants get in touch with their intuitive musical ability, teaching them how to listen creatively to other musicians and add a part that enhances the musical experience of everyone involved.

**Ron Ault** *has a twin love of art and music with 25+ years experience in graphic design, illustration and art direction. Ron loves Old-time and Celtic music and plays mostly fiddle and some guitar, mandolin and banjo. He's played for about a half dozen InterPlay performances and has some insights into how good music supports good improvisation.*

**Nell Levin** *spent a number of years as a working musician, playing fiddle and keyboards in bands in CA, IN, CO and TN. She played fiddle with bluegrass legend Earl Taylor, was a member of the nationally-acclaimed all-female bluegrass/swing band Buffalo Gals, and toured Korea, Japan, the Phillipines, and Alaska with the California-based country band, the Cadillac Cowgirls. Nell is a songwriter and has a degree in music from Indiana University School of Music.*

## **HeartArt: Body Centered ArtPlay**

Explore the fascinating world of HeartArt using breath, sound, and movement to access the creative spirit. When we surrender to the moment listening deeply to our heart's desire, we can allow colors, lines, shapes and forms to dance across the page. Join us for a juicy journey into body centered artplay.

**Cynthia McGahan, Bowling Green,** *long fascinated with the transformative power of expressive arts and creative play, has a rich background in using movement, sound, and artmaking as conscious awareness tools for self discovery.*

**Robert Alford** *combines his diverse background in graphic arts, printmaking, sales and marketing with his unique leadership and communication skills. A long time lover of life, he has been involved in community service for the last 30 years. Both Robert and Cynthia completed the Nashville Leadership Program this year and look forward to bringing InterPlay to Kentucky.*

## **Performance Play!**

### **Emily Green Gain- Nashville**

Learn some practices that make for great performance, and learn about the makings of OUTTA DA BLUE- Create the form for a bodyspirit celebration on Saturday night for the whole group.

## **OTHER FEATURED ARTISTS & InterPlay Leaders:**

**Sean & Amanda O'Connor- New Zealand couple will be making music/sound with us –see [www.rondiane.org](http://www.rondiane.org) SHANTI- Knoxville- This talented artist, healer and yoga practioner will lead morning Yoga Sessions.**

**Anna Moore, Nashville – Sexuality & Spirituality**

**Shawn Gallaway, Asheville –Saturday evening featured artist leading the group in wonderful music to move to...**

**Katherine Correa, Nashville-- Breema**

**Michele Flynn –Nashville – Sunday morning meditation, Coming to Peace, Moving Out into the World**

**Jennifer Durand- Murfreesboro- "You Fill Up My Senses" Saturday morning meditation, yoga, stretching, Breema**