

REGISTRATION- Tennessee Mountain UNTensive
April 21-23 (Friday 8:30am to Sunday 6pm) –
 Call Diane for more info at 615-884-8074, 594-4410c, diane@interplaytn.org, www.interplaytn.org

Name: _____ E-Mail: _____

Address: _____ Phones: _____

City/St/Zip: _____

EarlyBird Registration- Send deposit of **\$75** to InterPlay! Tennessee, 309 Canberra Court, Hermitage, TN 37076 before April 16. Balance due at retreat. Includes all workshops/performances (Add \$20 after 4/1)

Workshop Leaders-	\$	100
Leadership Program people (from any place, inc. new)		175
Regular Registration (sliding scale) \$70 pr. day		190-250
(your extra contributions support scholarships for people to attend who lack \$\$ resources, but who bring other gifts to the community)		
	\$	_____

Meals- (Breakfast & Dinner on your own, Fri, Sat.& Sun. lunch) ck meals you want) **\$10 ea**

Lunch- Fri, __ Sat, __ Sun, ____

(will be serving good food, with veggie options, catered to the site,

(There are restaurants about 15 minutes away, if you choose to have meals away from the site)

also, please bring water and snack foods you like and some to share

Camping at the Riverdale School- \$10 pr night (thurs __, fri __ sat __)

(there are no shower facilities at the school, but a room will be reserved at the Country Inn for showering)

TOTAL \$ _____

Things to Bring –

Bring a floor pillow/chairs if you have them, and wear comfortable/festive clothes... Layers are good! Come as early in the day on Friday as you can or spend Thursday night at the school. Let us know if you would like to bring visual art, CD's or other stuff for sale in the "marketplace" - Bring simple food for breakfast and snacks, no kitchen - one's own cup, plate, utensils -- music makers, drums, guitars, etc. -- BEDDING if you plan to spend the night, air mattresses, blankets, pillows, (washroom but no shower) --- candles, an object that represents "creativity" to you... --any materials you want to share about your art or work related to peace, health and wellness, creativity

your friends!!! & a willing spirit!!!! [PLAN TO COME FOR THE WHOLE THING IF POSSIBLE- if not, then note your schedule here](#)

Lodging Choices- We have reserved a block of rooms at a discounted rate at two motels about 10 minutes away from the Riverdale School site, located on I-40 at the Strawberry Plains exit #398. **Call and make your own reservations** and tell them you are with INTERPLAY. Ask if you would like to share a room.

Motel 6 - \$49 pr nite, doesn't include breakfast 865-633-6646

**** Country Inn and Suites- \$54, has indoor pool & breakfast 865-546-5700 most people staying here**

Directions to Riverdale School- The directions are basically the same whether one is coming from east, west, north, or south: Get thee to exit 398 on I-40 (about 20 miles east of downtown Knoxville) go north on Strawberry Plains Pike for approximately 1/4 mile -turn right on Huckleberry Springs Road -go approximately 3 miles on Huckleberry Springs Road to stop sign -turn right on Thorn Grove Pike go approximately 1/2 mile to the intersection of Drinnen Road; on the right is the Riverdale School.

Tennessee Mountain UNTensive
April 21-22-23
PROGRAM OUTLINE: (tentative!)

Morning Opening Times: 8:30-9:30am

Friday, Saturday, Sunday

(Breakfast before this on your own)

Fri, Anna Moore, Breathwork

Sat. 7:30am- *Earth Day Spirit Walk- Candy Christman

Sat, *Katherine Correa - Breema,, *Judith Valerie- Stress Management , *Ajeet- Kundalini Yoga Play

Sun –*Michele Flynn, Moving Peace Out in the World, *Shanti, Lightening Up with Yoga

THE WHOLE GROUP BODY: 10am-12noon-Friday, Saturday, Sunday

“Invoking the Spirit of the Mountains”

Masankho will be leading a 2 hour morning session for each of the three days. He brings incredible wisdom, depth, humor and grace to leading the group in connecting with our ancestors, telling stories, singing, drumming and dance.

Afternoon Sessions:

Friday 1:30-3pm

Gym- Ed Haggard- Drumming IS Dancing!

Classroom 1- Montanez Wade - Flowetry

Classroom 2- Anna Matheson- InterPlay and the Enneagram

Classroom 3- Candy C & Maureen- Courageous Friendship

Outdoors-

Friday 3:30-5pm

Gym- Aisha- The Spiritual Spoken Word

Classroom 1- Candy Paull- The Sensuous Mystic

Classroom 2- Judith Reichman- Dance Assists & Techniques for Dancers

Classroom 3- Carolyn Lawson- IONS- Energy Healing

Outdoors- focus sessions signup

Saturday 1:30-3pm

Gym- move together at the end of the session in this space...

Classroom 1- Mary Kipp & Michele, Diane, Montanez- Authentic Leadership Through Play

Classroom 2-- Meg MacLeod- Animal Channel

Classroom 3- Angela Holley, Theatre Games

Stage- Nell Levin, Ron Ault Music 4 The Moment

Outdoors-

Saturday 3:30-5pm

Gym- Elizabeth Cole- NIA – Health Through Movement

Classroom 1- Maureen & Donna- Child As Teacher/ Teacher As Child

Classroom 2 – Cynthia & Robert, Heart Art Play

Outdoors- Diane Ault- Simply Stories

Sunday 1:30-3pm

Gym- Marquette Dupree- Dance, Dance, Dance!

Classroom 1- Masankho- Drum Play- coming into gym at the end

Classroom 2 – Jennifer Durand, You Fill Up My Senses

Classroom 3-

Outdoors-

Friday Evening Session: 7–9pm- InterPlay Spirit Dance & Song Time- Meg’s Contact Play- & BodySpirit Celebration

facilitated by Masankho, Meg & Diane featuring drum circle by Ed Haggard and closing circle dance by Kevin Meyer

Saturday Evening Session 7-9pm BodySpirit Celebration facilitated by Masankho, Meg & Diane and featuring music by Tracy Rice, and Nell & Ron’s group.

SUNDAY- 3:30-5:30 -BodySpirit Celebration/Performance led by Masankho, Meg & Diane, offering the gifts of the weekend an opportunity to be expressed and shared... invite your friends from Knoxville.

MUSIC

BRING YOUR INSTRUMENTS AND PLAY ALONG!!!

