



tennessee presents

TWO GREAT workshops by Nika Quirk

while she's here from CA for Diane's 50th birthday party. We've hosted her here 3 times before and she always brings us Inspiration, Humor and much Magic!!..



Retreat Leader: *Nika Quirk, M.B.A.*

is a **BodySpirit Coach** and **Certified InterPlay Leader**. As an organization consultant and business coach, writer and speaker, Nika is known as an articulate and innovative communicator, a skilled facilitator of learning experiences, and a proven catalyst for insightful change and forward momentum for individuals and in organizational settings. She specializes in **creativity, collaboration, and change**.

www.TheGreaterPossibility.com



**Earlybird Registration
contact Diane before 2/8
\$25 each, \$45 for both**

“Work is Not the Opposite of Play” morning session

– one of the many “unhealed splits” in our world is that of work/play. Yet so much of our time and energy is “spent at work.” Nika Quirk, M.B.A. and Certified InterPlay Leader will create a Play & Development (P&D) Lab for participants to explore the gifts given and received through work and the possibilities for showing up everywhere as our playful (and meaningful!) selves.

“Unlocking the Heart of Collaboration” afternoon session

– successful and sustainable partnering with others requires a foundation of self-reflection and commitment. So many of us are tired of feeling isolated and overwhelmed and desire the satisfaction and synergy of connected effort. Nika will lead participants through a process that unlocks and unfolds the collaborator in each of us – discovering the motivation, the vision and next steps of creating collaborative relationships.



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