

Body Wisdom Celebration!

October 26-27, 2002

"Early-Bird Special"

REGISTER BY OCT. 19 and get a FREE MEAL each day!"

Name: _____
Street Address: _____
City: _____ State: _____ Zip Code: _____
Home phone: _____ Email Address: _____

SCHEDULE: 5 SESSIONS OVER THE WEEKEND – check the ones you will attend and meals you will have:

SATURDAY

1. 9:30am to 12:30pm _____
POTLUCK LUNCH
2. 2:00pm to 5:30pm _____
CATERED DINNER
3. 7:00pm to 9:30pm _____

NOTE: PLEASE ARRIVE **PROMPTLY** AT THE STARTING TIMES OF THE SESSIONS YOU CHOOSE TO ATTEND. The OPENING TIME in each session will lay out the choices for workshops/content during that session, so it's important to show up and sign up on time. There aren't many rules in OPEN SPACE gatherings but this one is important. It's fine to be there early, though! Thanks!

SUNDAY

4. 9:30am to 12:30pm _____
CATERED LUNCH
5. 1:30pm to 5:00pm _____

Sessions I will attend: \$18 per session *or*

TWO DAYS includes meals & overnight (Saturday + Sunday) \$70 _____

Sat all day \$45 _____ Sunday all day \$30 _____

TOTAL: \$ _____

Food: (meals will be \$7 without pre-registration)

Saturday lunch will be a potluck meal (beverages provided). Saturday dinner and Sunday lunch will be simple low-fat vegetarian catered meals.

____ I will attend the potluck lunch on Saturday & bring some food to share.

____ I will attend the catered dinner on Saturday

____ I will attend the catered lunch on Sunday

I have these special dietary needs: _____

Sat Night Lodging:

____ I will join the 'slumber party' in one of the Riverdale School classrooms

____ I have arranged my own lodging in Knoxville _____ I will not need lodging

____ I will stay in a nearby motel _____ I need motel information

Workshops I am interested in attending:

- | | |
|--|---|
| ____ Debbie Ashton/Feldenkrais | ____ Dayo/African Diasporic Movement |
| ____ Diana Saliba Ault/Interplay | ____ Margo Elledge/Continuum |
| ____ Gerry Brown/the Work of Byron Katie | ____ Kevin Meyer/Sacred Circle Dance |
| ____ Katherine Correa/Breema | ____ Nika Quirk/Life Coaching |
| ____ The Guisses/Senegalese Dance & Song | ____ Mary Eileen Ferrick/Rhythm Keepers |

____ *I would like to display visual art or offer music, art or other stuff for sale.*

Print and fill out this form along with your \$20 check payable to "Kevin Meyer"
Mail to Registrar Diane Shenk, 3319 Lake Brook Boulevard, Knoxville TN 37909
Email: dianeshenk@msn.com; phone: 865/584-8946 - Directions on the website.

DIRECTIONS:

The directions are basically the same whether one is coming from east, west, north, or south:

Get thee to exit 398 on I-40 (about 20 miles east of downtown Knoxville)

go north on Strawberry Plains Pike
for approximately 1/4 mile

turn right on Huckleberry Springs Road
go approximately 3 miles on Huckleberry
Springs Road to stop sign

turn right on Thorn Grove Pike

go approximately 1/2 mile to the
intersection of Drinnen Road; on
the right is the Riverdale School.

THINGS TO BRING:

- * a dish for a potluck lunch on Saturday
- * simple food for breakfast and snacks, no kitchen
- * one's own cup, plate, utensils
- * music makers, drums, guitars, etc..
- * comfortable/ festive dress and long scarves if you have them
- * BEDDING if you plan to spend the night,
air mattresses, blankets, pillows,(washroom but no shower)
- * floor pillows/chairs for seating
- * candles, an object that represents "peace" to you...
- * any materials you want to share about your art or work
related to peace, health and wellness...

- * your FRIENDS!
- * and a WILLING SPIRIT! *smile*

ALTERNATE Lodging Options, for those who don't want to sleep at the school:

All are located at exit #398 on Interstate 40:

Super 8 Motel 865/524-0855 (two rooms reserved here for sat)
Baymont Inn 865/633-5100
Fairfield Inn 865/971-4033

CHILD CARE- several parents, and a teenage child or two will meet together at the beginning of the retreat and self-organize for cooperative child care for the weekend...

Let us know if you are interested in that option by writing to Meg at
interplayasheville@main.nc.us

HOMESTAY- please write to diane at celebrate@onemain.com if you are interested in this option- \$15 pr night

CELL PHONE no--- 615-594-4410 in case anything comes up!