

Feb 21, 2006  
For Immediate Release:

InterPlay! Tennessee  
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## Tennessee Mountain UNTensive

**Regional InterPlay Leaders Exchange comes again to TN Mountains!**

**A Springfest facilitated by Masankho Banda, Meg MacLeod, Diane Saliba Ault and many other InterPlay Leaders with 25+ workshops, & Performances**

**3 FULL DAYS! April 21-23<sup>rd</sup>**

**Riverdale School, Strawberry Plains**

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**Riverdale School**, an old elementary school east of Knoxville in the rural countryside is the setting for this **INTERPLAY UNTensive** with Masankho Banda, and leaders from TN, NC, CO, VT and other places. The format will be a large **morning group** with Masankho, **4-5 concurrent afternoon playshops** led by experienced IP leaders in this **InterPlay leader's exchange** event. The closing **playshop/ bodyspirit celebration** is open to invited guests of participants late on Sunday afternoon. Camping is available at the school and motel accommodations are nearby.

A sampling of the workshops includes: **African Inspired Dance, Drumming IS Dancing!, HeArt Play, Lightening Up with Yoga, FLOWetry, Simply Stories- Building Cross Cultural Community through Play!, Embodying the Enneagram, The Spiritual Spoken Word, Music 4 the Moment!, Child as Teacher/Teacher as Child – InterPlay in the Classroom and many more.** Details, registration, directions, program descriptions, and leader biographies available at [WWW.INTERPLAYTN.ORG](http://WWW.INTERPLAYTN.ORG).

**MASANKHO BANDA**, OF MALAWI, VIA OAKLAND, CA:

MASANKHO is a Multi-Disciplinary International Performing Artist, InterPlay Leader, Educator, Spiritual Healer and PeaceBuilder. Recipient of the "Heroes of Compassion" Award by His Holiness the Dalai Lama for his peace & justice work around the world. Read about his "Cultures of Peace" work at his website at [WWW.UCANDANC.ORG](http://WWW.UCANDANC.ORG)

**InterPlay** is a community of people around the world who speak the shared language of a wide and deep variety of play. Using the tools of storytelling, song, movement and stillness, InterPlay is a philosophy and a system of practices that foster community, creativity and change. Meg MacLeod, Diane Saliba Ault and about twenty other seasoned InterPlay Leaders from all around this region will be joining Masankho Banda in introducing the Knoxville community to InterPlay, a mutual support network of community artists that extends to 50 cities developed over the last 20 years. People bring their own content to the process, and find a wider range of expression and creativity in accessing their own unique body wisdom. See more about the process at [www.interplay.org](http://www.interplay.org)

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**A PlayShop, Performance and Celebration for creating Cultures of Peace** on the afternoon of Sunday April 23<sup>rd</sup> 3:30-5:30 open to invited guests from the Knoxville community, facilitated by Masankho Banda (\$15-25 sliding scale) These performances of stories, dances and songs, are all created entirely "in the moment", from the hearts, minds and spirits of the players who share the InterPlay forms and philosophy. They will amuse, touch and inspire you! Wonderful improvised live music will be provided.

**Cost:** \$100-250 registration range, (some bartering available) presenters & IP Leaders get a break - ck with Diane for options.  
**To Register:** See [www.interplaytn.org](http://www.interplaytn.org), contact [diane@interplaytn.org](mailto:diane@interplaytn.org), 615/884-8074, 594-4410c