



PRESENTS

“Secrets” plus

3 Days- Secrets of InterPlay “Level One”

“more Secrets”

PLUS – Group Genius- Community Arts Collaboration and Secrets of “BodyWise Groups”

facilitated by

Masankho Banda & Diana (MorningStar) Ault

Sept 5-7, 2008

Friday afternoon 1pm to Sun 9pm (Sun- Cultures of Peace Performance with Pacha Mamas 7-9pm)

Secrets ONE- *Principles & Practices of InterPlay* This retreat/workshop covers the techniques and body wisdom principles of InterPlay. Learn to lead your life in a more embodied, playful way. Reclaim voice, movement, stillness, and stories as primary ways of knowing. Ground yourself in a communal ethic of play to replace stress with health, creativity, joy and purpose. Learn specific ways to deepen the practice of honoring body wisdom in you and in your community. Secrets of InterPlay, Level One is part of the **core curriculum** for the InterPlay Life Practice Program (formerly known as the Leadership Program). This workshop is also open to anyone desiring an in-depth experience of InterPlay. **St. Luke’s Community House** in West Nashville is the venue for the retreat.

PLUS- *Discovering Group Body Wisdom Principles*- The “plus” is interwoven throughout the weekend. So, what makes for strong, sustainable, peaceful, and powerful groups? What are the “secrets” that create health and wholeness for the individuals within families, businesses, communities, churches, social movements? We’ll bring together several community artists with deep wisdom about this subject for an afternoon of engaging around stories rich with history, exploring the ways art and activism, creativity and culture are inextricably linked. By sharing our stories, songs, moving together, and hanging out, we’ll glean some insights into how the global communities of InterPlay are developing, contributing and evolving as a soulforce for a better world. This retreat will be a springboard for the formation of Morningstar Community Arts Collaborative and the new InterPlay Life Practice Program in October.

Tuition: Early registration \$225 (after 8/22 add \$25) Also “bring a friend new to InterPlay” for an additional \$25 off.

ALSO: Special price of \$150 for those who have done Secrets One and/or the Leadership Program before

Room & Board: Contact us for a range of housing & meal options- homestays, and a special rate at a nearby motel.

Please register by sending a \$100 deposit to InterPlayTN at 309 Canberra Ct., Hermitage, TN 37076. Space is limited to 40 participants. (Contact: jori@interplaytn.org/ 615-500-1437 for more info.) Make Checks Payable to: InterPlayTN.

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