



PRESENTS

“Secrets” plus

“more Secrets”

5 Days- Secrets “Level One”- Knoxville – Riverdale School
1 Full Day at Highlander on Tuesday- Secrets of “BodyWise Groups”

facilitated by

Masankho Banda & Diane Saliba Ault

August 25-30, 2006

Friday afternoon-Weds lunch (Day Trip on Tuesday to Highlander Center)

PART ONE – (Fri to Mon)- ***Principles & Practices of InterPlay*** This retreat/workshop covers the techniques and body wisdom principles of InterPlay. Learn to lead your life in a more embodied, playful way. Reclaim voice, movement, stillness, and stories as primary ways of knowing. Ground yourself in a communal ethic of play to replace stress with health, creativity, joy and purpose. Learn specific ways to deepen the practice of honoring body wisdom in you and in your community. Secrets of InterPlay, Level One is part of the **core curriculum** for those enrolled in the InterPlay Leadership Program. This workshop is also open to anyone desiring an in-depth introduction to InterPlay. Riverdale School, Knoxville (tentative) is the setting for this program.

PART TWO (Tues. & Weds.) - ***Discovering Group Body Wisdom Principles***- What makes for strong, sustainable, peaceful, and powerful groups? What are the “secrets” that create health and wholeness for the individuals within families, businesses, communities, churches, social movements? We’ll bring together several leaders with deep wisdom about this subject for a day at Highlander Center, a place that is rich with the history and context for exploring the ways art and activism, creativity and culture are inextricably linked. By sharing our stories, songs, moving together, and hanging out in the famous room full of rocking chairs overlooking the TN mountains, we’ll glean some insights into how the global communities of InterPlay are developing, contributing and evolving as a soulforce for a better world.

Tuition: \$290 for both parts-(included in leadership program, \$390 for others) **2X2 SCHOLARSHIPS**- special invitation to peace & justice, community artists groups like Alternate Roots, Carpetbag Theatre, TERN, NPJC, & TIRRC to send 2 representatives each and some bartering and works exchange is available also

Room & Board: Riverdale School east of Knoxville at the Strawberry Plains exit off I-40 will be the main location for Part One of this retreat through Monday evening. Part Two will involve a day trip up to Highlander Center on Tuesday and then a closing back at Riverdale on Weds. Contact Diane for a range of housing & meal options from camping, to bunking, to homestays, to motels.

Register: Space is limited to 50 participants. Send a deposit of \$150 today to reserve your space. InterPlay TN, 309 Canberra Ct, Hermitage, TN 37076, diane@interplaytn.org, 615-884-8074, 594-4410c www.interplaytn.org



www.interplay.org