



Morningstar Community Arts presents:

Presence in Performance

Composition and Stage Techniques for Poem Makers, Storytellers & Spoken Word Artists



Thandiwe Shiphrah

(pronounced Tahn-dee-way Shif-rah)

is an artist of encouragement. For the past 20 years, this poet, orator, playwright, and community activist has been demonstrating how the arts can empower us to lead authentic, balanced, and purposeful lives. Much of her work is accomplished through **Logos Rhythms**, a Nashville-based consulting practice that designs and facilitates workshops to enhance personal and business creativity. Thandiwe is also a sought after performer on literary and theater arts programs around the country, frequently performing with her husband musician/ composer Daniel Arite (the duo's debut CD, *The Secret Marvelous Instead*, can be heard at www.cdbaby.com/bosch). For more information, visit her online at www.southernartistry.org (Use Keyword search: Thandiwe)

Join us in a creative laboratory that will literally have you coming to terms with who you are and celebrating your unique way of expressing yourself. Incorporating music, reflection, writing, demonstrations, exercises and discourse, this workshop will empower you to put yourself into your performances, showcase your unique talents, and hone your personal style. As a multidisciplinary artist and mentor, Thandiwe has helped both emerging and experienced writers and performers find inspiration, take artistic risks, and express themselves with greater verve and power. This 2-hour session offers loads of encouragement, ideas, and practices that will help you overcome nervousness and fear, find joy, and perform confidently and authentically every time you're on stage.

YOU will have an opportunity to perform immediately following the workshop at the C.A.M.P. party (Community Artists Meet & Play) same place- 7-10pm



When: Sat, Sept 12th
4:30- 6:30pm- workshop, performance after
Where: Studio 1406, 1406A McGavock Pike,
Riverside Village, Inglewood, East N'ville
How Much: \$30
How to Register: Participants must register in advance by stating their intention to attend in an email to thandiwe@hotmail.com, or Diana at 594-4410, dianamorningstar@gmail.com

What Else: Workshop is limited to 12 people

